

Express with Ease: Students Speak.

January 22, 2021

What Does 'Freedom' Mean to the Youth?

Main Takeaway

Freedom is to release oneself from within. Complexities arise when this power is driven by wants rather than needs.

Introduction

The word 'freedom' is a work in progress to define its single yet expansive meaning. Freedom is sometimes the push from a comfortable life to an uncertain one, which is more fulfilling. Synonymous with independence, the general connotation is to act and speak freely. But is there more to this privilege? What does this value mean to the youth? What freedom are they chasing? Join us in understanding this indestructible power in our latest episode on "What Does 'Freedom' mean to the Youth?" with Ms. Priyanshi Maheshwari, Mr. Devansh Joshi of the Ashoka Universal School, Mr. Pranav Jain, and Ms. Pranita Waikar of the Sanjay Ghodawat International School on the 22nd of January at 5.00 pm.

EXPRESS WITH EASE

What Does 'Freedom' Mean to the Youth?



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In Conversation with



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India's First Liberal Professional University



Friday, 22th Jan 2021
5:00 PM

Karjat, Greater Mumbai, India. www.vijaybhoomi.edu.in

Takeaway **Learnings**

- Freedom takes a more psychological role in society- it is used to liberate oneself from self-doubt and making an opinion matter. It is to make decisions that define you and your life's progress.
- For a student, freedom is more centered in an academic realm, where they are given the choice of subjects and think without pressures.
- The paradoxical element of such independence is that most of us are unaware and fear the outcomes tied to it.
- As teenagers' transition from childhood to adulthood- the peak of life experimentation, parents and teachers need to tease in the consequences of a decision with care.
- Restrictions on freedom should be imposed when one's flight clips another's wings.
- Restrictions are boundaries, not interferences to independence. A balanced life is a play of freedom and constraints.
- A conducive environment and conscious support system affirm healthy discussions and understanding of life experiences. Empathy and guidance are the keys to communication.
- The first encounter plays a pivotal role in building a foundation. Facilitators need to give choices and let children consider them.
- Hours of counseling can be replaced with an empathetic "Move on with care" from loved ones. This builds faith in relationships and oneself.
- Children often look up to their parents and teachers as role models and for their acceptance. Parents mould a child's aspirations in a personal setting.

Speakers

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